Dear Parents and Caregivers,

Welcome back to Term Three and a very special welcome to our new families, students and new staff. Miss Hackett will be job sharing on 2/3D, on Thursdays and Fridays, while Mrs Davenport has taken leave to further her studies. I know that Miss Hackett is very excited to be working at Kentlyn PS and is looking forward to teaching 2/3D as well as doing day to day casual teaching at our school.

Another staff member who has joined our team is Mr Greg Horne. He will be our new counsellor. Mrs Leelum Moodley, our counsellor for Terms 1 and 2, was successful in getting a permanent position at a nearby high school. We would like to thank her for all her help and support with our students in the last two terms. We wish her all the very best at her new school.

Mr Horne, our new appointed counsellor, will be attending our parent forum, on Wednesday 31 July to introduce himself to our community and speak a little bit about his role as the school counsellor.

There are some wonderful things coming up this term, especially the Stage 2 and Stage 3 camps.

Other great events include:
* Gymnastics classes starting on Monday 29 July - this is especially beneficial for our Year 6 students as they get a head start with the basics, before they go to high school.
* Athletics Carnival field and track events
* Education Week
* Swimming Scheme

* GALA Days
* More great items at our K-6 Assemblies
* School Photos
* Stage 3 fundraising events
* Zone Athletics track and field events
* Mind Marathon - Gifted and Talented Program
* Heartbeat Program - at UWS at Campbelltown

The team that works behind the scenes to make all the above opportunities accessible to your children are ALL Kentlyn Public School Staff. At this time I would like to take this time to acknowledge and thank them for their hard work and dedication.

Staff Development Day
Our Staff Development Day on Monday was very inspiring and productive. Teachers are learning about the new English syllabus which will be implemented next year. It is an exciting refinement of the current syllabus. I am proud to say that Kentlyn PS is already well under-way with some changes and teachers will be busy planning interesting learning opportunities for students in the upcoming terms.

Athletics Carnival
Our Athletics Carnival will once again be held over two days, Thursday 1 August, Field Events, and Friday 2 August, Track Events. A note was sent

**** All notes sent home and newsletters are available on our website ****
home last week asking for parent volunteers to help assist the teachers on the day. If you are available to help on the day, please see Mr Saunders or Mrs Neal. Your help will be greatly appreciated.

HEALTHY HINTS - Encourage Fair Play
Sport and games are a great way for children to learn about teamwork, rules, winning, losing as well as providing invaluable physical activity. Parents can encourage fair play by:

- Emphasising effort and having fun, not just winning.
- Cheering and acknowledging good play by both teams.
- Talking about the game not the result.

For more information about encouraging fair play go to the NSW Sport and Recreation website www.dsr.nsw.gov.au or phone 131 302.

Photographing and taking video of our students.
Most of you would be aware that it is DEC and a school requirement that we get parental permission for students to be photographed, videotaped and be put on our website. (These notes are available on our website.)

We have a number of students who cannot be photographed or be videotaped at any time. Some are for legal reasons. With all school events I ask that you please only photograph/video your child, to the best of your ability.

I understand that this is very hard to monitor however, with your support I know that we can maintain these students' privacy.

Important Term 3 Dates for your Diary:

Wednesday 24 July - Heartbeat Program - Thank you to Mrs Lynch who will be escorting our Stage 3 Aboriginal Students to UWS today.

Friday 26 July - 2/3D’s Assembly

Monday 29 July - Friday 2 August - Education Week
Monday - Gymnastics program will begin K-6
Wednesday - Kentlyn's Open Day
Thursday - Athletics Carnival - Field Events
Friday - Athletics Carnival - Track Events

Friday 9 August - GALA Day

Monday 12 August - Friday 23 August - Swimming School begins

Tuesday 13 August - ICAS Maths Test

Wednesday 21 August - 23 August - Stage 3 Camp

Monday 26 August - Mind Marathon

Wednesday 28 August - Campbelltown Zone Athletics - Track

Thursday 29 August - Campbelltown Zone Athletics - Field

Thursday 5 September - Photo Day

Friday 6 September - GALA Day

Wednesday 11 September - Regional Athletics

Thursday 12 September - Friday 13 September - Stage 2 Camp.

Premier’s Spelling Bee
The Premiers Spelling Bee Competition is open to all children in Years 3-6 at Kentlyn Public School. Children who wish to enter will be required to download and learn either the Junior (Yr3&4) or Senior (Yr5&6) official Spelling Bee List of words from the official website at: www.artsunit.nsw.edu.au/speaking-competitions/spelling-bee/2012-premiers-spelling-bee. You will need to use the following username and password:

Username: teacher
Password: Samsung

Please note: Junior words begin at Level 1 and go to Level 5, Senior words begin at Level 2 and go to Level 7

Class competitions will be held during class time and the top 3 from each grade will go on to compete at our K-6 Assembly on Wednesday 31 July 2013 for the overall title of Kentlyn Public School Spelling Bee Champion, Junior and Senior division.

The winner and runner up from Junior and Senior division will then go on to compete against other schools in our local community (date and venue TBA).

For more information please go to the official website of the Premiers Spelling Bee Competition 2013. If you have any questions please see Mrs Neal before or after school.
To everyone for helping support Leah Senkowski last term by turning up in mufti and donating a gold coin as well as purchasing an ice-cream. We raised a total of $343.90 on the day. That is an absolutely awesome effort and you should all be congratulated.

We would like to wish Leah all the very best as she travels to Broken Hill this week to represent us in the South West Sydney Netball Team. She of course will be proudly wearing her Kentlyn tracksuit that our great P&C have proudly supplied for Leah.

Of course, we are all very proud of Leah and wish her all the very best 😊😊😊

Oz Tag GALA Day
On Thursday 18th July 2013, Kentlyn Public School sent a squad of students to Minto to compete in an Oztag Gala Day. The squad was made up of a Junior Boys, Senior Girls and two Senior Boys teams. The juniors had a tough day due to no other junior teams coming (had them scared by the thought of playing us!) so they played against the Senior Boys teams. Special mentions go to Sam who seemed near unstoppable with the ball, and to Marcus who showed some great skills and teamwork. The Senior Girls had a strong start to the day, but just could not get the points in the grand final. A great effort by all, with special mention going to Paris, who continued to improve with each game she played. The two Senior Boys teams had a strong supporter base and played some excellent football, but did not make it to the grand finals.

Well done to all the players, you represented Kentlyn Public School proudly and played some great football.

To Jade, Leah and Sarah for making us proud last Thursday while participating in the Zone Cricket and all three have made it through to the Regional Game. Well done girls, we are proud of you 😊.
**Student Medical Forms - New DEC requirements**

During Terms 3 and 4 we will be updating our medical records systems to ensure we have the most up-to-date information on your child’s health.

If you have a child with a medical condition you will receive a copy of the new forms in the mail and will need to fill them out and return them to us as soon as you can.

The good news is we have already started collecting some of this information, which means less for you to do.

The new forms will help us collect your child’s important medical information and the introduction of new systems will mean we’ll be able to better manage the daily and emergency health needs of your child.

We appreciate your support as we start collecting the information, and if you have any questions please call Mrs Thompson on 4628-2455.

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**Kindergarten 2014**

We have commenced taking Kindergarten enrolments for 2014. It is important that parents intending to enrol their child in 2014 complete the necessary paperwork so that all appropriate communication regarding support or transition programs can occur prior to enrolment. Early notification of enrolments also assists the school in planning staffing and resource needs. Parents who wish to make enquiries regarding enrolment should contact the school office on 46282455.

Children born between 1st August 2008 and 31st July 2009 are eligible to enrol. Please bring with you - child’s birth certificate for proof of age, passports and visas for families born overseas and proof of residence (current council rate notice or lease agreement and 2 (two) utility bills e.g. gas or electricity account, plus mobile or landline telephone account). You will also need to bring your child’s up to date immunisation certificate.

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**FAMILY CONTRIBUTION FEE FOR 2013**

Family Contribution Fees help enhance the learning programs for all students at our school.

The Family Contribution Fees, although entirely voluntary, will make a difference to our school finances. Payment may be made in cash or by cheque. Money collected will be used to purchase resources that all students will use this year and in some cases, for years to come.

The total cost of the Family Contribution Fee is $25.00 per family.

Money or cheques can be enclosed in an envelope with your child’s class, total amount enclosed and clearly stated that it is for “Family Contribution Fee”. Students can hand the envelope in to the office. Thank you in advance for your support in this matter.

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**Good News about our Canteen**

If we can get a few more parent volunteers our school canteen can be operating 3 days a week, Wednesdays, Thursdays and Fridays.

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**Live Life Well**

Quick and easy breakfast ideas:

Make sure your child starts every school day with a nutritious breakfast that includes foods from at least two of the five food groups. For example

**Why is breakfast important?**

- children who miss breakfast are often reported as having poor behaviour and poor concentration
- children who miss breakfast are often unable to meet their daily nutrient requirements
- children who miss breakfast are more likely to have a greater risk of being overweight or obese
- eating breakfast helps children learn and establish healthy eating habits early in life.

**Breakfast provides brain food**

Eating breakfast each morning improves children's learning, concentration, behaviour, overall nutrient
intake, and establishes healthy eating patterns for life. Some quick breakfast options include:

- wholegrain cereals and reduced-fat milk
- baked beans on wholegrain toast and a glass of reduced-fat milk
- fruit smoothie and toast
- toast topped with cheese and sliced tomatoes
- egg on toast with a glass of reduced-fat milk
- wholemeal or wholegrain toast or fresh bread, with margarine spread plus a topping, such as tomato, reduced-fat cheese or baked beans
- reduced-fat yoghurt, fruit and raisin bread
- fruit salad and yoghurt.

Serve breakfast with a glass of water or milk to get children hydrated.

The smiles you give come back to you!

Androula Kavallaris
Principal

FROM THE ASSISTANT PRINCIPAL'S DESK

ABCs Of Student Success

I IS FOR INDEPENDENCE

As parents, our job is to work ourselves out of a job! We want nothing but the best for our children. Hence, we are so inclined in attending to their needs. It is a way we express our love. However, to give children the opportunity to become successful in life, we also have to teach them independence.

Here are some reasons we ought to teach our children to be independent:

- It enables children to gain firsthand knowledge. When children gain the chance to do things on their own, they are most likely to learn things efficiently. It is because they learn through trial and error.
- It teaches children self-discipline. Through these instances, children learn that there are consequences accounted to every action.
- It enhances children’s self-esteem. Do you remember the feeling you had last time you made a feat on your own? Children also feel same self-worth whenever they get to accomplish things on their own. They become more confident in facing challenges, which is important in preparing them for real life trials.
- It gives the opportunity to choose what will make them happy. Children need to practice to make choices. To develop their emotional maturity, they have to learn how to decide on their own.

Through independence children get to enhance their skills, learn right and wrong, develop their personality, and make decisions. To learn the ways of life, children need to experience life. This way, they will grow up strong, ready to take on life challenges, emotionally secured, and happy.

PARENT WORKSHOPS AND FORUM

Studies have proven that through parent participation and interest in their child/children’s school life, they do better in school. At Kentlyn, we value the role that parents play and encourage parent participation.

To celebrate Education Week, we are inviting all parents to participate in a parent information session and forum around the target areas at Kentlyn PS. Your personal invitation should have already reached your hands.

During these interactive sessions, attending parents and caregivers will:

- be informed and participate in a range of practical strategies to help their child at home in Literacy and Numeracy
- be informed about the operation of our Learning Support Team
- be provided with a range of contacts and services available to support families
- have the opportunity to participate in a friendly information forum around parent satisfaction

Return of the RSVP slip to Mrs. Neal is essential as all participants will be provided with a ‘goodie bag’ full of information and resources for you to take home and use with your children.

When: Wednesday 31 July 2013
Time: 12:00 – 2:00
Where: School Library
RSVP: Monday 29 July 2013
Looking forward to working with you for a fun filled session packed with information, resources and sense of community.

POSITIVE PLAYTIME
At Kentlyn, we value playtimes and recognise the many valuable aspects of this time. We have formed a group of students who participate daily in the Positive Playtimes program we have running during 1st half of lunch. Throughout this program, students have the opportunity to participate in a variety of structured play activities based on co-operation.

Education Week
Canteen will be open on Wednesday, Thursday and Friday for Education Week.

Students enjoying gardening.

Yours in Education
Tanya Neal
Assistant Principal
Principal’s Awards
Jayden Stanley 4/5S
Jacob Howe 2/3D

Value of the Week Awards
Respect
K-2
Claire Seeney KG

3-6
Riley Arnold 4/5S

Integrity
K-2
Libby Davies 1M

3-6
Joel Coskerie 3/4N

Congratulations!
The Athletics Carnival is scheduled for Week 3 of this term.
Thursday 1 August 2013 Field Events and
Friday 2 August Track Events
All events are conducted in line with NSW PSSA stipulations.

**Track Events**
- All students K-6 receive the opportunity to participate in a sprint race.
- Students from K-2 run in a sprint race at the competitive carnival and then participate in Infants Tabloid Sports.
- Year 2 students who turn 8 this year (born 2005) may participate in either the competitive carnival or can remain with their class for the tabloid sports.
- In the 100m only, students from 3 - 6 are placed into a group based on the age that they are turning this year:

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<td>Age Group</td>
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<td>11 years</td>
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- For all other track events students are grouped into three groups:
  - Juniors – 8 years, 9 years and 10 years
  - 11 years
  - Seniors – 12 years and 13 years

**Scheduled Events** – (not necessarily in this order)
- K-2 70m sprints (boys and girls)
- 8 – 13yrs 100m sprint (boys and girls)
- Junior 200m and 800m (boys and girls)
- 11yrs 200m and 800m (boys and girls)
- Seniors 200m and 800m (boys and girls)
- Events where there is only one heat also act as a final. Where there is more than one heat for an event, the overall top six qualifying times from all heats qualify for the final (please note that although highly unlikely, a student could finish 1\textsuperscript{st} or 2\textsuperscript{nd} in their heat but not qualify for the final).
- All events will be timed and adjudicated on by a place judge.
- The final decision on places will be determined by the place judge.

**Track Events Zone Qualification**
- The 1\textsuperscript{st}, 2\textsuperscript{nd} and 3\textsuperscript{rd} placed students in any track final automatically qualify to represent Kentlyn at the Zone Athletics Carnival. There are no set qualifying times.
- Please note due to our small size, many events have only one heat. In this instance the heat also acts as the final.

**Field Events**
Field events are grouped into three age groups:
- Juniors (8, 9, 10 years)
- 11 years
Seniors (12, 13 years)

Events contested are:
  o Discus
  o Shot Put
  o High Jump
  o Long jump

**Field Event Zone Qualification**

To qualify for the Zone Field Events Carnival, students must be placed 1st or 2nd in their event *and* equal or pass the qualifying distance. **Please note that a student may win or place second in a field event but not qualify for the Zone Carnival.**

**Kind Reminders for Parents**

- Please only photograph/video your child/ren, (to the best of your ability), as there are students in the school that cannot be photographed/videotaped at any time by anyone. It is imperative that we respect this and follow the parent's wishes of these students at all times during any school events.
- Focus on the child's efforts and performance rather than winning or losing.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn best by example. Appreciate good performances and skilful plays by all participants.
- Respect officials’ decision and teach children to do likewise.
- Show appreciation for parent volunteers and teachers.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.